

# Claremont Road Runners' 7th Weetslade Relay - Final Results

Wednesday 22nd June 2016



3 x 2.5 miles approximately



Team Pos.	Team No.	Club	Club Team	1st Leg Runner	F/M	S/V	1st Leg Time	2nd Leg Runner	F/M	S/V	2nd Leg Time	Agg. Time	3rd Leg Runner	F/M	S/V	3rd Leg Time	Final Team Time
1	57	Morpeth Harriers & AC	A	Tom Straughan	M	S	12:42	Emma Holt	F	S	14:24	27:06	Chris Smith	M	V	12:47	39:53
2	88	Tyne Bridge Harriers	A	Marc Fenwick	M	S	12:32	Alison Dargie	F	V	15:00	27:32	James Dunce	M	S	13:05	40:37
3	58	Morpeth Harriers & AC	B	Sam Hancox	M	S	12:29	Gemma Floyd	F	V	15:22	27:51	Jonny Nisbett	M	S	12:50	40:41
4	73	Saltwell Harriers	C	Abraham Tewelde	M	S	12:29	Gemma Bradley	F	V	16:12	28:41	Hiruy Mehari	M	V	13:54	42:35
5	35	Gosforth Harriers	A	Jamie Thom	M	S	13:24	Zack Wylie	M	S	13:53	27:17	Ruth Oldham	F	V	16:36	43:53
6	29	Gosforth Harriers	A	Paul Turner	M	V	13:55	Elspeth Aspinall	F	V	16:03	29:58	Jason Old	M	V	14:11	44:09
7	89	Tyne Bridge Harriers	B	Ian Pickett	M	V	13:45	Rachel Adamson	F	S	17:04	30:49	Paul O'Mara	M	S	14:09	44:58
8	5	Alnwick Harriers	A	Richard Johnson	M	S	15:11	Ellie Brown	F	V	15:36	30:47	Phil Hemstey	M	V	14:24	45:11
9	48	Jarrow & Hebburn AC	A	Andy Bum	M	S	12:54	Vicki Thompson	F	V	19:11	32:05	Jonny Evans	M	S	13:38	45:43
10	36	Gosforth Harriers	B	Tom Coates	M	S	14:43	Helen Warburton	F	V	15:17	30:00	Marc Oldham	M	V	15:44	45:44
11	42	Heaton Harriers	A	David Brigham	M	S	14:29	Rachel Barnes	F	S	16:10	30:39	Jeremy Smith	M	V	15:26	46:05
12	60	Morpeth Harriers & AC	D	Mick Thomsen	M	V	14:19	Alison Brown	F	S	17:34	31:53	Tony Lewis	M	V	14:19	46:12
13	59	Morpeth Harriers & AC	C	Matthew Boyle	M	S	14:58	Vickey Gibbs	F	V	16:53	31:51	David Swinburne	M	V	14:23	46:14
14	94	Wallsend Harriers	A	Robbie Lvermore	M	V	15:51	Sarah Robson	F	S	16:36	32:27	Simon Lyon	M	S	14:09	46:36
15	64	North Shields Poly	A	Scott Ellis	M	S	13:34	Cheryl Hall	F	S	17:29	31:03	Craig Hall	M	V	16:00	47:03
16	95	Wallsend Harriers	B	Sean McIntyre	M	V	15:39	Becki Newman	F	S	16:47	32:26	Joe Collins	M	S	14:56	47:22
17	65	North Shields Poly	B	Daniel Richardson	M	V	14:38	Michelle Thompson	F	V	17:21	31:59	Dave Stainthorpe	M	V	15:24	47:23
18	30	Elswick Harriers	B	Antony Beynon	M	V	15:05	Joanne Brown	F	V	17:07	32:12	Paul Robinson	M	V	15:24	47:36
19	20	Blyth Running Club	A	Calum Storey	M	S	14:56	Claire Calverley	F	V	18:01	32:57	Joseph Woods	M	S	14:43	47:40
20	37	Gosforth Harriers	C	Maurice Bourke	M	S	15:59	Beth Larby	F	S	16:25	32:24	Dave Bell	M	V	15:28	47:52
21	31	Elswick Harriers	C	Ben Hall	M	V	15:35	Gina Howarth	F	V	16:42	32:17	Martin Connelly	M	V	15:48	48:05
22	82	Sunderland Strollers	A	Mark Anderson	M	V	14:27	Lynne Valentine	F	V	18:14	32:41	Mark Hinder	M	S	15:25	48:06
23	26	Claremont Road Runners	A	Heather Steel	F	S	17:33	Paul Robinson	M	V	15:36	33:09	Rutger Zietsma	M	V	14:58	48:07
24	61	Morpeth Harriers & AC	E	Rob Hancox	M	V	14:31	Jane Kirby	F	V	18:37	33:08	Tim Miley	M	V	15:27	48:35
25	66	North Shields Poly	C	Paul West	M	V	15:02	Angela Green	F	V	17:30	32:32	Richard Hanley	M	V	16:25	48:57
26	43	Heaton Harriers	B	Ben Burrell	M	S	14:53	Lisa Harpin	F	S	18:01	32:54	Phil Green	M	V	16:07	49:01
27	32	Elswick Harriers	D	Richard Davies	M	S	15:31	Andrea Banner	F	V	17:25	32:56	Richard Houghton	M	S	16:10	49:06
28	1	Allen Valley Striders	A	Jason Forster	M	V	16:09	Ruth Bentley	F	V	17:23	33:32	Michael Sanderson	M	V	15:39	49:11
29	38	Gosforth Harriers	D	Phil Guy	M	V	16:03	Louise Watson	F	V	17:31	33:34	Simon Daniels	M	V	15:40	49:14
30	49	Jarrow & Hebburn AC	B	Brendan McMillan	M	S	13:29	Marsha Jobling	F	V	19:59	33:28	Darren Parks	M	V	15:53	49:21
31	77	South Shields Harriers	A	Daniel Josephs	M	S	15:08	Rachel Breheny	F	V	17:38	32:46	Mark Wood	M	V	16:46	49:32
32	90	Tyne Bridge Harriers	C	Nick Varley	M	V	15:34	Rachel Case	F	S	18:08	33:42	Adam Wood	M	V	16:10	49:52
33	33	Elswick Harriers	E	John Lowes	M	S	16:28	Catherine Lee	F	S	17:25	33:53	Dave Jardin	M	V	16:13	50:06
34	6	Alnwick Harriers	B	Adam Spiller	M	V	15:41	Diana Weightman	F	V	18:57	34:38	Dean Stackhouse	M	S	15:31	50:09
35	71	Saltwell Harriers	A	Scott Garrett	M	V	16:36	Christie Wadlington	F	S	18:09	34:45	Craig Wood	M	S	15:37	50:22
36	11	Ashington Hurst Running Club	A	Melanie Horan	F	V	18:51	Chris Snowball	M	S	15:53	34:44	Martin Thompson	M	S	15:49	50:33
37	39	Gosforth Harriers	E	Martin Lloyd	M	V	15:53	Susan Driscoll	F	S	17:56	33:49	Steven Bond	M	V	16:51	50:40
38	78	South Shields Harriers	B	Claire O'Callaghan	F	V	17:58	Daniel Cooke	M	S	16:28	34:26	Tom Davies	M	V	16:41	51:07
39	67	North Shields Poly	D	Steve Gilroy	M	V	16:39	Alison Dixon	F	V	17:15	33:54	Karen Gunn	F	V	17:20	51:14
40	100	Morpeth Harriers & AC	H	Paul Waterston	M	V	15:14	Carol PARRY	F	V	19:46	35:00	Mick Skelton	M	V	16:18	51:18
41	96	Wallsend Harriers	C	Andrew Wigmore	M	V	16:19	Julie Williams	F	V	19:38	35:57	James Hardie	M	S	15:47	51:44
42	54	Jesmond Joggers	A	Alex Ramshaw	M	S	17:08	Laura Cheetham	F	S	18:16	35:24	Simon Wells	M	V	16:38	52:02
43	72	Saltwell Harriers	B	Gary Phillips	M	S	15:56	Nicola Shaverin	F	V	20:43	36:39	Ian Charlton	M	S	15:40	52:19
44	62	Morpeth Harriers & AC	F	Mike Winter	M	V	16:01	Sue Smith	F	V	20:06	36:07	Paul Bellingham	M	V	16:14	52:21
45	21	Blyth Running Club	B	John French	M	V	14:42	Clare Mason	F	V	20:06	34:48	Dave Roberts	M	V	17:42	52:30
46	45	Heaton Harriers	D	Dave Dale	M	V	16:32	Helena Walsater-Lowes	F	V	19:29	36:01	John James	M	V	16:50	52:51
47	7	Alnwick Harriers	C	Zoe Robson	F	S	19:08	Tim Falconer	M	V	16:58	36:06	David Hindmarsh	M	V	16:48	52:54
48	79	South Shields Harriers	C	Colin Robson	M	V	16:51	Sarah Swales	F	S	17:51	34:42	Paula Atkinson	F	V	18:17	52:59
49	91	Tyne Bridge Harriers	D	Nick Pearson	M	S	16:37	Carole Jerowne	F	V	17:54	34:31	Claire McElduff	F	S	18:30	53:01
50	46	Heaton Harriers	E	Dave Gilmore	M	V	17:27	Alison James	F	S	18:18	35:45	Alan Langford	M	V	17:23	53:08
51	44	Heaton Harriers	C	Keith Hadden	M	V	19:22	Jessie Hetherington	F	S	18:21	37:43	Andy Ball	M	S	15:35	53:18
52	50	Jarrow & Hebburn AC	C	Michael Thornton	M	V	16:53	Malcolm Leace	M	V	16:16	33:09	Heleen Ruffell	F	V	20:09	53:18
53	87	Wallsend Harriers	D	Alan Hestington	M	V	17:46	Anns French	F	V	19:17	37:01	Keith O'Donnell	M	V	16:26	53:27
54	83	Sunderland Strollers	B	Ritchie Gray	M	V	16:07	Michelle Houghton	F	S	20:24	36:31	Malcolm Cox	M	V	17:10	53:41
55	34	Elswick Harriers	F	Peter Sloan	M	V	16:52	Mary Lisle	F	V	17:07	33:59	Steve Curry	M	V	20:11	54:10
56	40	Gosforth Harriers	F	Johnny McKale	M	S	17:36	Mark Russell	M	S	17:54	35:30	Sarah Pascall	M	V	19:03	54:33
57	25	Blyth Running Club	F	Martin Scott	M	V	16:39	Gemma Harmon	F	S	20:33	37:12	Steven Gillespie	M	V	17:31	54:43
58	8	Alnwick Harriers	D	Steve Studley	M	S	18:56	Tracey Samtle	F	V	18:54	37:50	Jon Duffy	M	V	16:56	54:46
59	74	Saltwell Harriers	D	Joe Parker	M	S	16:35	Michelle Masson	F	V	20:11	37:06	Andrew Softley	M	S	17:43	54:49
60	55	Jesmond Joggers	B	Penny Hunter	F	V	18:55	Sarah Richardson	F	S	18:36	37:11	Neil Clayton	M	V	17:53	55:04
61	12	Ashington Hurst Running Club	B	Tony Dunn	M	V	17:21	Gemma Anderson	F	S	20:35	37:56	Andrew Fielman	M	V	17:18	55:14
62	68	North Shields Poly	E	Alison Smith	F	V	17:53	Ian Richardson	M	V	19:20	37:13	Alan Haddon	M	S	18:12	55:25
63	52	Jarrow & Hebburn AC	E	Steve Outerside	M	V	17:26	Lavinia Youden	F	V	20:58	38:24	Paul Mulholland	M	V	17:14	55:38
64	98	Wallsend Harriers	E	Andrew Clark	M	S	17:32	Lindsay Ydell	F	V	20:21	37:53	Alan Moses	M	V	17:52	55:45
65	24	Blyth Running Club	E	Ian Baxter	M	V	16:25	Susan Browning	F	V	19:11	35:36	Ralph Dickinson	M	V	20:28	56:04
66	92	Tyne Bridge Harriers	E	Chris Sumison	M	V	17:40	Stephanie Isaac	F	S	21:14	38:54	Ian Dalby	M	V	19:15	56:09
67	69	North Shields Poly	F	Helen Hughes	F	V	19:13	Darren Suleman	M	V	17:44	36:57	Jenny Simpson	F	V	19:14	56:11
68	75	Saltwell Harriers	E	Rob Masson	M	V	17:40	Linda Gerute	F	S	20:18	37:48	Nicola Whitman	F	S	18:49	56:37
69	51	Jarrow & Hebburn AC	D	Michael McNally	M	V	17:32	Julie Page	F	V	21:59	39:41	Paddy McShane	M	V	17:01	56:42
70	47	Heaton Harriers	F	Colin McEntee	M	V	18:57	Chrystal Skellom	F	V	18:57	37:54	John Gibson	M	S	18:50	56:44
71	81	South Shields Harriers	E	Andrew Walker	M	V	17:15	Charlote Williamson	F	S	20:56	38:11	Gary Dunlop	M	V	18:36	56:47
72	22	Blyth Running Club	C	Paul Knight	M	V	17:02	Lisa Scorer	F	V	20:06	37:08	Joe Frazer	M	V	19:40	56:48
73	28	Claremont Road Runners	C	Richard Slack	M	V	18:38	Rose Hawkswood	F	S	19:57	38:35	Mandy Herworth	F	V	18:18	56:53
74	80	South Shields Harriers	D	Andrew Coldwell	M	V	18:52	Melaine Cooke-Dunlop	F	S	19:06	37:58	Danny Ford	M	V	19:06	57:04
75	23	Blyth Running Club	D	Robby Barkley	M	V	16:18	Ewa Johnson	F	V	22:52	39:10	Craig Harmon	M	S	18:08	57:18
76	27	Claremont Road Runners	B	Lucy Dunbar	F	S	19:24	Alice Violar	F	V	20:37	40:01	John Grimshaw	M	V	17:54	57:55
77	93	Tyne Bridge Harriers	F	David Rowe	M	V	17:00	Charly Blackburn	F	S	21:09	38:09	Anna Fawcett	F	S	20:00	58:09
78	3	Allen Valley Striders	C	Adam Todhunter	M	S	18:53	Sara Stewart	F	V	20:39	39:32	Paul Moore	M	S	18:40	58:12
79	9	Alnwick Harriers	E	Mary Plumley	F	V	20:32	Ruth Doot	F	V	20:35	41:07	Mark Doctor	M	V	17:15	58:22
80	63	Morpeth Harriers & AC	G	Jim Alder	M	V	16:14	City Wake	F	V	21:08	37:22	Frances Naylor	F	V	21:04	58:26
81	70	North Shields Poly	G	Victoria Gilroy	F	V	20:11	Carla Nicholson	F	V	19:10	39:21	Clare Swift	F	V	19:07	58:28
82	17	Aurora Harriers	A	Dave Watts	M	V	17:09	Judith Landells	F	V	21:38	38:47	Ray Turnbull	M	V	19:46	58:33
83	84	Sunderland Strollers	C	Rob Craig	M	V	18:34	Kate Halsey	F	V	21:40	40:14	Joe Glancy	M	V	18:31	58:45
84	18	Aurora Harriers	B	Billy Raine	M	V	18:19	Kay Richardson	F	V	21:53	40:12	Brian Ursher	M	V	18:34	58:46
85	53	Jarrow & Hebburn AC	F	Geoff Robinson	M	V	17:01	Brian Hurst	M	V	18:00	35:01	Gillian Harris	F	V	24:03	59:04
86	13	Ashington Hurst Running Club	C	Gareth Chamberlain	M	V	21:02	Lee Elder	F	V	21:01	42:03	Simon Storey	M	V	18:10	1:00:13
87	14	Ashington Hurst Running Club	D	Karl Baxter	M	V	19:49	Lindsay Warren	F	S	20:49	40:38	Andrew Hewitt				