

## Winter Handicap Series – Race 1 – 22/11/17 Results

	<b>Name</b>	<b>Sex</b>	<b>Actual time</b>	<b>Age grade</b>	<b>Miles/min</b>	<b>km/min</b>	<b>MPH</b>
1	Stephen Johnstone	m	20:53	69.59%	06:43	04:11	8.9
2	Thomas Innes	m	17:23	74.69%	05:36	03:29	10.7
3	Matthew Briggs	m	17:25	76.08%	05:36	03:29	10.7
4	Matty Waterfield	m	17:20	76.44%	05:35	03:28	10.8
5	Peter Scaife	m	22:00	70.83%	07:05	04:24	8.5
6	Will Clark	m	17:28	75.95%	05:37	03:30	10.7
7	Phil Walker	m	18:55	78.59%	06:05	03:47	9.9
8	Neil Shashoua	m	22:47	65.25%	07:20	04:33	8.2
9	Paul Adams	m	22:35	66.86%	07:16	04:31	8.3
10	Neil McAnaney	m	19:42	78.43%	06:20	03:56	9.5
11	Paul Banks	m	19:16	74.31%	06:12	03:51	9.7
12	Sue Smith	f	23:34	70.86%	07:35	04:43	7.9
13	Mike Winter	m	19:51	73.22%	06:23	03:58	9.4
14	Dean Lonsdale	m	18:05	71.80%	05:49	03:37	10.3
15	Phil Smith	m	19:51	69.10%	06:23	03:58	9.4
16	Gordon Dixon	m	21:08	73.11%	06:48	04:14	8.8
17	Laura Steven	f	23:10	63.74%	07:27	04:38	8.0
18	Mike Steven	m	21:13	75.26%	06:50	04:15	8.8
19	Paul Bell	m	20:17	65.74%	06:32	04:03	9.2
20	Richie Kirby	m	21:03	68.01%	06:47	04:13	8.9
21	Helen Bruce	f	23:43	64.72%	07:38	04:45	7.9
22	Andrew Richardson	m	20:14	66.80%	06:31	04:03	9.2
23	Jane Briggs	f	22:28	72.77%	07:14	04:30	8.3
24	Paul McLeod	m	20:47	74.34%	06:41	04:09	9.0
25	Iain Katz	m	20:47	63.51%	06:41	04:09	9.0
26	Tom Pattison	m	21:13	63.24%	06:50	04:15	8.8
27	Mark Crosby	m	22:17	67.76%	07:10	04:27	8.4