



**DO YOU WANT TO:**  
**- IMPROVE**  
**PERFORMANCE?**  
**- REDUCE THE RISK OF**  
**INJURY?**  
**- RECOVER FROM AN**  
**INJURY?**

Chiropractic aims to keep your body in optimum balance so that you can perform at your best. If you feel that your performance has plateaued or suffer from recurring running injuries, Chiropractic could be for you.

**Come in for a FREE Spine Check**

**01670 511293**

**MORPETH CHIROPRACTIC**

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