

# MORPETH HARRIERS & AC CLUB RECORDS

## MORPETH HARRIERS & AC MENS ROAD, TRACK AND FIELD RECORDS

100m

Andy Abrahams 10.5s

1987 Woodford Green

200m

Jared Deacon 21.14s

1996 Glasgow

400m

Jared Deacon 45.69s

2000 Dublin

800m

Nick McCormick 1m48.25s

2005 Watford

1500m

Nick McCormick 3m35.74s

2005 Crystal Palace

Mile

Nick McCormick 3m52.02s

2005 Oslo

3000m

Nick McCormick 7m51.17s

2008

5000m

Nick McCormick 13m18.81s

2012 Spain

10,000m

Ian Hudspith 28m35.0s

1997 Sheffield

Marathon

Serod Batochir 2hrs08m50s

2014 Japan

110m Hurdles

Kevin Lumsden 14.19s

1994 Kings Lynn

400m Hurdles  
Andy Abrahams 51.30s  
1988 Grimsby

3000m S/Chase  
Dave Camp 8m32.2s  
1974 Crystal Palace

Shot  
Paul Reed 17.04m  
1988 Middlesbrough

Discus  
Paul Reed 58.36m  
1999 Peterborough

Javelin  
Dave Eastlake 51.42m  
1989 Cleckheaton

Hammer  
Sandy Sandhu 57.96  
1983 Leicester

Long Jump  
Dave Deacon 7.00m  
1994 Cannock

Triple Jump  
James Blenkinsop 13.47m  
1986 Gateshead

High Jump  
John Wallace 2.16m  
1990 Newcastle

Pole Vault  
Gary Jackson 4.90m  
1986 Newcastle

Decathlon  
6102 points Rob Leonard  
1989 Warrington

4x100m Relay  
42.5s  
Hendon  
Tooting  
1989 Hayes

4x400m Relay 3m14.2s  
1987 Tooting

The above information has been obtained by the kind help  
of Mike Bateman, Jared Deacon and Mark Hudspith

## MORPETH HARRIERS & AC CLUB RECORDS

### MORPETH HARRIERS & AC WOMENS ROAD, TRACK AND FIELD RECORDS

100m

Rachel Carrick 12.0s

1980

200m

Jessica Young-Rogers 25.80s

2017 Leeds

400m

Nisha Desai 55.6s

2006 Middlesbrough

800m

Laura Weightman 2m01.87s

2017 Stretford

1500m

Laura Weightman 4m00.17s

2014 Paris

3000m

Laura Weightman 8m26.07s

2019 Stanford University, California

5000m

Laura Weightman 14m51.78s

2019 London

10000m

Mhari MacLennan 32m58.42s

2019 Highgate, London

Marathon

Lorna MacDonald 2hrs59m24s

2017 London

100m Hurdles

Karen Gibbs 14.6s

1987

400m Hurdles

Nisha Desai 61.55s

2006 Gateshead

Hammer

Jessica Gardiner 39.51m

2019 Leeds

Shot

Claire Reid 11.40m

2007 York

Discus

Claire Reid 42.07m

2007 Jarrow

Javelin

Bobbie Griffiths 42.27m

2017 Hexham

High Jump

Joanne Taylor 1.60m

1982

Long Jump

Susan Brown 5.60m

1982

Triple Jump

Julia Straker 12.18m

2004 Derby

4x100m Relay

S.Shea

D.Robson

R.Carrick

J.Ensor

51.8s

1982

4x400m Relay

D.Lowe

S.Priest

L.Reilly

K.Barnett

4.10.7s

1988