

JUNIOR TRAINING AND REOPENING OF CLUBHOUSE

After a number of months when meeting at the clubhouse and training thereafter has been suspended as a result of the Covid-19 pandemic, we aim to resume training sessions for several groups on a trial basis from next Monday, 7th September.

However, this will be on a phased return with strict procedures that need to be followed. Please can all Junior athletes, parents of Juniors and also Seniors therefore read the information below carefully.

- Training in the first instance will be open to members who normally run with ***Mark Brown, Neil McAnany and Mike Bateman's groups.***
- To reduce crowding and maintain social distancing, the starting time for these groups will be staggered: ***7.00 pm for Mark's, 7.15 for Neil's and 7.30 for Mike's.*** Please aim to come as close to this time as possible.
- Athletes will need to contact their coach in advance of next Monday to make clear their intention to train. This is so accurate registers can be drawn up for track and trace purposes and to give control of numbers. ***If you turn up on the night without having had contact with your coach in advance, you may not be able to train.*** Preferred means of contact for coaches are: ***Mark Brown, 07535 774648; Neil McAnany, 07413 964990; Mike Bateman, mike.bateman@btconnect.com***
- On the night, members should aim to meet their coach ***outside*** the clubhouse on the grass adjacent to the car park to register.
- The clubhouse has been thoroughly cleaned and sanitising units installed just inside the entrance and outside boys' and girls' toilets. Can runners please avoid going in to the clubhouse however unless it is really necessary (for example, to use the toilet). Anyone who needs to enter should carefully clean hands.
- Club notices will be given out by coaches on the night.
- It goes without saying that it is very important that runners continue to maintain social distancing: before training, during training and after training.
- The desk in the clubhouse will be manned by either Dave Swinburne or Peter Scaife for athletes and parents needing to make enquiries.
- If all goes well, we hope to have all our training groups up to speed by the end of September.

With thanks in advance for your continued cooperation and understanding in these difficult times.