

Winter Handicap Series – Race 3 – 25/1/17.

A cool, bright, still evening, perfect conditions for the 26 who turned out to run in January's race – thanks to you all and hope you enjoyed it

To celebrate 'Burns' night Carol Parry kindly contributed Haggis (inc a veggie version!) and Whisky miniatures for prizes, but fortunately she forgot her Tam O'Shanter and ginger wig so Les Cavill is still way out front in the daft hat category!

Pam Woodcock was missed following her accident a couple of weeks ago but it meant that someone else would win the prize for the best %age effort – which I have renamed the 'PAMS POTHOLE PERCENTAGE PRIZE' (PPPP!) – get well Pam and look forward to seeing you back at the club before too long!

Thanks to Linda, Gordon Dixon, Tony Ward, Mike Steven and Dave Taylor for their help on the night – it's appreciated!

The race! Well Margaret McDonald (making her debut and paced by Dave Taylor on the bike – he reckoned she ran the second lap 2mins faster than the first – negative splits!!!!) was first away and was never caught despite being run down by Paul Waterston towards the finish! Another first timer Jenny Glossop really stuck in to finish 3rd and she ran considerably quicker than her prediction of '9 min mile pace' – she won't get away with that one next month!

Fastest on the night – Mark Snowball in 14.41!!! – I heard him say to Daniel Dixon that he wasn't going to push it????!!!! Fastest lady Jane Kirby in an excellent 20.31!!!

Winner of the PPPP – Gavin Bayne who ran 17.42 and reached the holy grail of 80.08% - a really superb effort!!!

Full results below!

Next race WEDNESDAY 8/2/17 – the series finale!

Full results below:

Finishing Position;

Position	Name	Stopwatch time	Net time	Age grade%
1	Margaret McDonald	0:24:20	0:24:20	63.25%
2	Paul Waterston	0:24:24	0:16:49	77.45%
3	Jenny Glossop	0:24:50	0:22:20	57.94%
4	Mark Snowball	0:25:06	0:14:41	76.96%
5	Kenton Duffield	0:25:15	0:19:05	64.58%
6	Gavin Bayne	0:25:17	0:17:42	80.08%
7	Andrew	0:25:24	0:17:19	67.54%

	Richardson			
8	Frankie Wilson	0:25:32	0:20:52	61.84%
9	Neil Mcananey	0:25:35	0:17:50	75.48%
10	Alex Zeller	0:25:38	0:19:03	60.01%
11	Paul Banks	0:25:46	0:17:41	70.23%
12	Mike Winter	0:25:49	0:18:14	69.18%
13	Mike Steven	0:25:55	0:18:40	74.62%
14	Richard Kirby	0:25:57	0:18:42	66.41%
15	Cinty Wake	0:25:58	0:21:18	70.40%
16	Neil Shashoua	0:26:11	0:20:21	64.00%
17	Les Cavill	0:26:15	0:20:25	68.22%
18	Simon Eaton	0:26:18	0:20:28	61.16%
19	Jane Kirby	0:26:21	0:20:31	67.26%
20	Jilly Bell	0:26:32	0:21:52	65.25%
21	Daniel Dixon	0:27:03	0:16:38	74.73%
22	Carol Parry	0:27:57	0:23:17	62.03%
23	Sue Smith	0:27:57	0:23:17	64.41%
24	Frances Naylor	0:28:00	0:24:20	60.09%

Net Time

Position	Name	Net time	Age grade%
1	Mark Snowball	0:14:41	76.96%
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3	Paul Waterston	0:16:49	77.45%
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23	Margaret McDonald	0:24:20	63.25%

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%age

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8	Paul Banks	70.23%
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