

Morpeth Harriers & Athletic Club Coaches Directory

Name	Vina Desai
Events Coached	Sprints/Middle
	Distance/Hurdles/Jumps/Strength &
	Conditioning, Childrens 365
Coaching Qualifications	UKA Level 3
(please provide expiry date if applicable)	
First Started Coaching (Year)	1997
Age Groups & Level of Ability Coached	Young Athletes: School & National
	Seniors: National
Days/Times/Locations of Main Sessions	Monday 7-8:30pm @ Track
(Summer)	Tuesday 5-6:30pm (Hurdles) @ track
2800 a 3	Wednesday@ Various locations
	Saturday: Strength &
	Conditioning/Circuits/Medicine Ball
Days/Times/Locations of Main Sessions (Winter)	As above
Any additional Information (50 words max)	Anyone of any standard is welcome