



Morpeth Harriers' Newsletter

No. 78

June 1997

Congratulations to all our many Track & Field title winners, especially Jared Deacon, who followed his record-breaking Inter-Counties win with victory in the Under 23 International at Hexham.

Mixed performances for our League teams so far. The Men's British League team have been badly hit by some withdrawals from the long way trips and (hopefully) seem set for a mid-table place.

Our McDonalds' Young Athletes League team recovered well after a disastrous first meeting and are also now in mid-table.

The Women's team, despite being badly depleted in the Senior age group, were third in their first match and still have a chance of taking the only promotion spot, whilst the Men's B team sit proudly on top of their Northern League Division.

NEWS

Inter-Counties - Jared Deacon's superb winning time of 46.12 shattered a long-standing Championship record in the 400m at the Inter-Counties Championships at Bedford on 25/26 May. Paul Reed also contributed to the North East Counties' best ever placing of third through his points for 5th place in the Shot (16.11m) and 7th in the Discus (50.66). Chris Sampson recorded a new PB of 9-20.24 in taking 12th place in the 3000m Steeplechase, with Justin Bird (200m) and Andrew Wake (Pole Vault) also in the North East Counties team.

Ian Hudspith is to move back to the area to a new job teaching at a school in Newcastle.

Brother **Mark Hudspith** made up for his disappointment in last year's Blaydon Race by winning this year's event convincingly from Stuart Bell of Chester-le-Street in 27-24.

Terry Wall retained his Northern 10,000m track title in a much reduced field at Sheffield with a time of 31-12.57.

John Mooney added to his Northern titles with a win in the Under 20 1500m at York in a time of 4-01.07, with Mark Brown taking bronze in the Under 20 3000m at Sheffield with a PB of 8-37.22.

T-Shirt Competition - The winning entry will be announced shortly. There may also be another prize as a different design may be chosen for our **50th Anniversary Mug**.

Morpeth 10k - The date will be Tuesday 5th August, based the Common Track / Craik Park facilities, and using a two lap circuit around Tranwell Woods. The course has now been officially measured. Watch the notice-board and press for details. See the advert opposite, and if you are not intending to run we can use members' help with course marshalling, etc. **Volunteer Now!**

BBQ - No further news yet.

Former member **John Hendon**, now residing in the Isle of Wight, made an appearance at the last British League match at Watford and sent his regards to members - he said he can definitely recommend retirement! (See Diary of a Stand-in Team Manager article later).

Results - due to lack of space, the track results, with the exception of the A Team, have been cut to winners only for this edition. If space permits we may have full results in future.

MORPETH 10KM ROAD RACE

TUESDAY 5 AUGUST 1997

START 7-30 PM

A TWO LAP CIRCUIT
AROUND TRANWELL WOODS

EVERY FINISHER WILL RECEIVE A
HARRIERS 50TH ANNIVERSARY
COMMEMORATIVE MUG

RACE HQ Craik Park, Morpeth Common
BAR FACILITIES & SNACKS

ENTRY FEE : £4.00

Entries to : Mrs V M Gill,
104 Ringwood Drive, Cramlington, NE23 9NP.

ADVANCE ENTRIES CLOSE
MONDAY 28 JULY

Entries taken on the night from 6.15 to 7.15 pm
£6.00 - eligible for prizes and mugs
(subject to availability).

NEWS

1996/7 TROPHY AWARDS

WOOLWORTH'S TROPHY

Best Contribution by an U/17

Scott Jackson

DES SLOWEY TROPHY

Best Contribution by an U/15 or U/13

Peter Newton

CAKE & BOOK STALL

We raised the sum of

£128

on Saturday 14 June

for Club funds.



Not as much as last year due to the poor weather and distinct lack of donations from our many members despite our notices and pamphlets. But thanks to all those who did donate items. Lack of support means that we may find it harder to pay for coaches to events and other items of benefit to our members.



The Veterans' Scene

The 1997 Veteran's Grand Prix is nearing the half way stage. The main contenders have already moved to the front though a lot can happen yet. As ever, there is keen rivalry amongst the others. The turn out for races has been good but is down on previous years. Up front at the moment are Bob Sewell and Alan Oliver, joint first on 65 points, 3rd is Chris Dentice on 61, 4th Archie Jenkins on 58 and Les Thain 5th with 54 points.

The Track & Field season is also well on its way. In Division Two of the North East Vets Track League, Morpeth are clear leaders at the top. This is surprising considering the Club were fielding a depleted squad. Is depleted the word? Meeting One - 3 competitors; Meeting Two - 2 competitors! Highlights from these two matches were League record-breaking efforts (which also secured bonus points) from John Charlton (M50 Javelin - 34.90) and Archie Jenkins (M45 3000m - 9-04.8).

Only the M60 relay squad competed in the British Veterans' Road Relay Championships at Sutton Park. They finished a creditable 9th out of 21 teams. Sadly the number of 'call-offs' made it impossible to field the over 50's team which were also entered. In future we will have to know how many of the Club's vets are committed to running in National events before entries are made.

Alan Oliver

ANYONE COULD BE A TEAM MANAGER!

All they have to do is **ORGANISE**

- ◆ the transport arrangements
- ◆ informing the athletes
- ◆ making sure everyone is registered
- ◆ recruiting the club's quota of officials
- ◆ finding the track

and then **PICK THE TEAM** so that they

- ◆ put athletes in the events they want
- ◆ provide competition for as many as they can cover all the events
- ◆ don't overwork the athletes
- ◆ build for the future
- ◆ score as many points as possible
- ◆ satisfy the athletes, their coaches, their parents and everyone else

and **REMEMBER** to

- ◆ put the team sheet in
- ◆ provide the numbers and pins (yet again)
- ◆ make sure everyone's where they should be (at the right time)
- ◆ sort out the relay teams

and **MAYBE ALSO** have time to

- ◆ look after injured athletes
- ◆ deal with problems with officials
- ◆ provide TLC for bruised egos and confidence

and then **MAKE SURE** that they

- ◆ pick up the results
- ◆ get everyone home safely
- ◆ provide information for the local press report

MAYBE IT'S NOT THAT EASY

Perhaps we'd better appreciate the one's we've got and

return their telephone calls

turn up on time

respect their decisions (even when we don't agree)

BE NICE TO YOUR TEAM MANAGER!

Ladies Grand Prix

After 4 events the positions are as follows:

1	G Priest	33
2	J Soames	18
3	A Mitchell	16
4	C Dickie	11
5=	A Thornton	} all on 10
	J Duggan	
	A Dickie	
	M Drozdowicz	
9	L Bray	9
10	J Wilson	7

The next events are Jesmond Dene Ladies Only Race on 14 July and the Beadnell to Alnmouth Race on 20 July. The Grand Prix is open to all Junior, Senior and Veteran Ladies.

For further details see Andrea Mitchell.

THE TIME & THE PLACE

Elswick Road Races

Fri 28 Mar 97

(Missing Results)

Sen. Men's Relay

'B' 6th 44-18
B Simpson 11-20 (13)
D Barton 11-02 (8)
S Beattie 11-23 (7)
A Shepherd 10-33 (6)

'A' 7th 44-22
E Hurrell 11-29 (15)
R Kay 11-43 (16)
C Sampson 11-03 (12)
I Hudspeth 10-07 (7)

'C' 8th 44-38
K Bray 11-53 (19)
A Robinson 10-58 (13)
K Harker 10-55 (8)
T Wall 10-52 (8)

'D' 19th 50-13 (Non scoring)
P Pudney (Gst) 10-40 (3)
G Dixon 12-22 (14)
D Taylor 13-34 (20)
A Oliver 13-37 (22)

Vets Relay
'A' 1st 47-46
R Sewell 12-02 (5)
L Atkinson 10-50 (1)
A Jenkins 11-26 (2)
G Bayne 11-28 (1)

Under 13 Girls
5 L Woodrow 8-23
7 S Woodrow 8-28
10 L Cummings 8-40
Team: 3rd 22 pts

Under 15 Girls
2 R Cummings 7-41
4 C Nisbet 7-48
9 S Ellison 8-03
12 M Hudson 8-10
14 J Patterson 8-25
16 C Forrest 8-32
23 R Myerscough 9-14
Team: 'A' 2nd 12 pts
'B' 3rd 15 pts

Tyneside Athletics League Jarrow 23 April 97

Senior Men

100 C 3 P Taylor 13.0
D 4 W Gedge 14.4
800 A 5 P Dickie 1-58.1
8 J Deacon 2-01.2
B 2 I Phillip 2-01.1
3 J Mooney 2-01.8
6 R Kay 2-03.0
10 C O'Connell 2-10.5
D 3 P Harland 2-18.2
LJ 2 P Taylor 6.06 (1)
Discus 3 N Ellerby 31.78 (3)

Under 17 Men

100 A 1 P Newton 12.4 (1)
4 T Lavender 12.9 (4)
800 A 4 P Downes 2-11.1
8V Forster 2-16.6

Under 15 Boys

100 A 1 S Conolly 13.4 (1)
4 D Watson 14.9 (4)
800 A 1 K Desai 2-07.4 (1)

Senior Women

100 B 4 L Smith 15.0
800 A 6 C Wilson 2-28.5 (4)
LJ 2 J Straker 5.04 (Guest)
Shot 3 S Jenkins 8.54 (3)

Under 15 Girls

100 A 1 R Archer 13.6 (1)
2 J Straker 13.9 (2)
B 1 C Taylor 14.5 (4)
C 1 B Bellizzi 15.9
HJ 3 C Taylor 1.40 (3)

Under 13 Girls

100 A 1 G Ellison 14.6 (1)

Blyth Valley 10 27 April 97

1 L Atkinson 51-03 M40-1
8 A Jenkins 53-37 M40-2
10 S Beattie 54-40
11 N Armsworth 54-42
28 P Wright 57-22
42 R Sewell 58-25
45 C Henderson 58-44
83 G Leathard 61-31
94 A Oliver 62-28 M60-1
114 R Stevenson 63-14
127 B Cordes 64-19
134 G McDougal 64-42
136 N McNany 64-52
148 G Priest 65-34 L-3
149 M Brown 65-38
173 I Forster 66-58
175 R Driscoll 67-02
216 G Calder 69-47
231 D Taylor 70-28
234 H McAllister-Williams 70-34
271 S Dolan 73-00
279 J Soames 73-35
287 J Clark 73-59
338 L Thain 77-31
342 D Brown 77-49
363 J Graham 79-17
373 L Landels 79-50 L
406 J Soames 83-11 L
Team: 2nd 19 pts

Northern League Div. 3NE

York 3 May 97

400H B 1 R Kay 66.6
P V A 1 R Leonard 3.20
B 1 M Rees 3.00
5000 A 1 L Atkinson 14-51.3
4 x 100m 2 Morpeth 47.4
4 x 400m 3 Morpeth 3-45.4

Match Score

1 Rowntrees 319 Pts
2 Morpeth 245
3 Elswick 220
4 S. Shields 201
5 Sunderland 177
6 Durham 153

Young Athletes League Prem Div.

Wakefield 27 April 97

Under 15 Boys

800 A 1 K Desai 2-05.0
1500 B 1 S Forester 4-52.8
3000 A 1 G Pitt 10-19.5
B 1 A Driscoll 10-38.5
4 x 100 Relay 4th ntg
4 x 400 Relay 3rd ntg

UNDER 17 MEN

100 A 1 P Newton 11.2
200 B 1 T Lavender 23.6
4 x 400m 3rd ntg

Match Score

1 Liverpool 255 pts
2 Wirral 191
3 Gateshead 189
4 Morpeth 107

British League Div 3 Telford 3 May 97

Ham A 6 N Ellerby 37.72
B 2 M Rees 37.66
L J A 8 S Altenhof 5.38
B 6 P Appleby 5.30
H J A 2 J Wallace 2.00
B 5 T Elvin 1.80
400H A 8 C Sampson 73.6
B 7 G Woods 72.6
800 A 2 P Dickie 1-56.6
B 2 D Barton 1-57.7
100 A 8 J Deacon 11.1
B 6 M Huggins 11.4
3000S/C A 5 C Sampson 9-30.3
B 2 G Woods 9-33.6
110H A 8 P Appleby 21.4
400 A 3 J Bird 49.3
B 8 C Sampson 58.9
1500 A 6 P Dickie 3-59.3
B 2 K Harker 4-01.3
200 A 2 J Deacon 21.6
B 4 M Huggins 22.8
Discus A 1 P Reed 50.34
B 4 P Appleby 31.92
T J A 5 S Altenhof 12.90
B 7 P Appleby 11.42
Jav A 5 C Bartley 45.82
B 3 C Andersen 43.50
Shot A 1 P Reed 15.07
B 8 M Rees 9.82
5000 A 1 I Hudspeth 14-15.9
B 1 T Wall 14-41.0
4 x 100m 3 42.8
4 x 400m 3 3-23.1

Match Score

1 GEC Avionics 315 pts
2 Harrow 308
3 Telford 279
4 Morpeth 264
5 Windsor S&E 261
6 Hounslow 251
7 Rotherham 227
8 Crawley 164

Wansbeck Riverside 10K Ashington 30 April 97

1 A Jenkins 35-08
3 C Dentice 35-44
9 G Dixon 36-34
14 G Leathard 37-33
36 B Mitchell 41-07
37 D Taylor 41-25
39 U Harrogate 41-31
52 L Thain 43-21
70 M Butters 48-21
76 J R Graham 51-01

NoE Women's T & F Lgue S. Leeds 4 May 97

Senior

Discus B 1 L Harrison 21.06
4 x 100m Relay 1st 57.6
4 x 400m Relay 1st 4-27.6

Under 17 Girls

300 A 1 R Cummings 45.2
800 A 1 R Cummings 2-26.5
Shot A 1 S Jenkins 8.32
4 x 100m Relay 5th 61.0

Under 15 Girls

100 A 1 J Straker 13.6
200 A 1 R Archer 28.1
75 H B 1 L Cummings 15.1
800 A 1 N Desai 2-24.5
H J B 1 C Taylor 1.32
L J A 1 J Straker 4.70
4 x 100m Relay 2nd 55.9

Match Result

1 Leeds 433 pts
2 Richmond 363
3 Morpeth 319
4 Mandale 312
5 Shildon 255
6 Elswick 253

Wansbeck Festival '6' Newbiggin 6 May 97

1 L Atkinson 30-21
3 G Woods 30-45
6 A Jenkins 32-36
8 P Bradley 32-54
12 C Dentice 33-25
22 G Leathard 35-10
36 A Oliver 36-54 (M60-1)
44 M Brown 37-37
50 B Cordes 38-03
53 D Brown 38-13
56 D Taylor 38-20
60 G Priest 38-31 (1st Lady)
65 I Forster 38-48
68 R Driscoll 39-05
81 R Lowe 40-38
86 L Thain 41-12
67 N Fenwick 41-13
95 J Soames 42-34
99 D Thornton 42-54
118 M Drozdowicz 45-50 Lv
122 J Soames 46-23 Lv
124 A Mitchell 46-51 Lv

THE TIME & THE PLACE

NE Counties Track & Field Championships

Gateshead 10/11 May 97

Under 15 Boys

100	1	S Conolly	12.13
400	1	K Desai	53.68
800	1	K Desai	2-03.90

Under 17 Men

PV	1	R Peel	2.85
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Junior Men

1500	1	J Mooney	4-01.77
3000	1	J Mooney	8-54.02
LJ	1	P Taylor	5.51

Senior Men

100	1	J Deacon	11.18
400	1	J Deacon	48.70
3000s/c	1	C Sampson	9-34.68
Discus	1	P Reed	51.82

Under 17 Women

800	1	C Wilson	2-18.16
1500	1	C Wilson	4-45.08
Shot	1	S Jenkins	8.27

Under 13 Girls

100	1	G Ellison	14.16
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National Veterans Road Relay Championships

S. Coldfield 17 May 97

M60

Morpeth	9th	1h 05-20
A Bray		25-05 (19)
B Cordes		20-02 (12)
A Oliver		20-13 (9)

Young Athletes League Premier Div

Middlesbrough 18 May 97

Under 13 Boys

100	B	1	M Ferris	14.6
1500	A	1	G Ellison	5-02.0
LJ	B	1	M Mullen	4.12
4 x 100 Relay		3rd		59.5

Under 15 Boys

200	A	1	S Conolly	24.4
1500	A	1	P Mooney	4-36.8
			B 1 S Forester	4-46.7
4 x 100 Relay		3rd		53.0
4 x 400 Relay		3rd		4-15.4

Under 17 Men

100	A	1	P Newton	11.4
200	A	1	T Lavender	23.7
			B 1 M O'Neill	24.9
Shot	B	1	P West	9.93
HJ	A	1	T Elvin	1.77
			B 1 J Sabin	1.71
PV	B	1	R Peel	2.80
Jav	B	1	P Cox	37.90
4 x 100m		2nd		47.7
4 x 400m		2nd		3-45.6

Match Score

1	Sale	255 pts
2	Morpeth	186
3	Wakefield	178
4	Bolton	85

Les Allcorn 10K

Alnwick 18 May 97

1	L Atkinson	31-59
3	N Armsworth	33-55
4	P Hammond	34-54
10	G Michalowicz	37-36
11	G Leathard	37-54
21	M Brown	39-58
22	D Brown	40-28
25	D Taylor	40-39
26	N McAnany	40-45
34	I Forster	42-08
39	C Offord	42-58
41	H McAllister-Williams	43-34
80	L Landels	49-30 L
88	A Mitchell	50-39 L
89	J Wilson	51-08 L

Tyneside League

Gateshead 21 May 97

Senior Men

200	A	2	J Bird	22.5
			B 5 P Taylor	24.0
1500	A	2	J Mooney	3-57.2 (2)
			6 P Dickie	4-00.00 (6)
			8 T Wall	4-02.2
			9 R Kay	4-02.9
			B 1 I Phillip	4-04.1
			6 C O'Connell	4-14.7
			C 8 P Harland	4-38.9

Under 17 Men

1500	1	P Downes	4-23.7
HJ	1	J Sabin	1.70

Under 15 Boys

200	A	1	S Conolly	24.4 Disq.
			A 4 D Watson	28.1 (3)
1500	A	3	K Desai	4-35.6 (3)
			B 1 S Forester	4-51.0
			2 G Pitt	4-53.3

Sen. Women

Discus	2	G Mooney	20.00
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Under 15 Girls

200	A	1	R Archer	26.9 (1)
		4	C Taylor	29.2 (4)
	B	1	G Ellison	28.9 (Gst)
		2	B Bellizzi	29.3 (5)
		3	S Haworth	29.3 (6)
1500	1	N Desai	4-59.3	
	3	C Nisbet	5-06.4	
	6	L Rainey	5-31.0	
	9	C Forrest	5-45.0	
Shot	3	B Bellizzi	6.30 (2)	

Alwinton Fell Race

Sat 31 May 97

Long Course

2	G Bayne	1-38.36 (M40-1)
8	R Sewell	1-45.18 (M40-2)
10	K Bray	1-50.07
56	L Bray	2-21.26 (LV-1)
59	W Tomlinson	2-23.27 (M50)

Short Course

21	A Bray	101-02 (M60)
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Young Athletes League

Premier Div

Jarrow 1 June 97

Under 13 Boys

100	B	1	M Mullen	14.5
1500	A	1	G Ellison	4-58.6
			B 1 K Wilson	5-32.4
LJ	A	1	M Ferris	4.37
			B 1 G Ellison	4.20
4 x 100 Relay		3rd		60.3

Under 15 Boys

80H	A	1	S Barber	13.2
100	A	1	S Conolly	11.8
200	A	1	S Conolly	24.1
			B 1 S Barber	25.3
400	A	1	K Desai	54.4
			B 1 M Forster	67.6
800	A	1	K Desai	2-11.9
			B 1 S Causer	2-28.2
1500	A	1	G Pitt	4-50.6
			B 1 P Downes	5-10.8
3000	A	1	A Driscoll	10-31.3
			B 1 G Pitt	11-00.1
HJ	A	1	S Barber	1.40
PV	B	1	P Charlton	2.10
4 x 100 Relay		1st		53.1
4 x 400 Relay		1st		4-17.1

Under 17 Men

110H	B	1	B Lock	15.3
100	A	1	P Newton	11.3
			B 1 M O'Neill	12.1
200	A	1	P Newton	23.2
			B 1 M O'Neill	24.9
400	A	1	T Lavender	52.8
			B 1 M O'Connor	57.1
1500s/c	B	1	D Wood	5-22.5
HJ	A	1	T Elvin	1.75
			B 1 J Sabin	1.65
P V	B	1	B Lock	2.70
TJ	B	1	D Wood	9.72
Jav	B	1	S Murdoch	29.54
4 x 100m		1st		48.0
4 x 400m		2nd		4-06.6

Match Score

1	Morpeth	224 pts
2	Barnsley	197
3	Bingley	162
4	Houghton & P	151

Newcastle A/port Fun Run

20 April 97

3.7K

1	P Downes	12-34
6	K Wilson	14-50
7	Jane Mooney	14-51 (U/20-1)
9	S Ellison	15-05
15	G Pitt	17-20

7K

11	A Jenkins	22-41 (M40-1)
12	N Armsworth	22-50
21	D Hehaghan	24-28 (L-1)
22	R Sewell	24-36
24	G Carrithers	24-47
31	G Leathard	25-37
32	G Baister	25-39
46	A Oliver	26-33
47	N McAnany	26-40
53	C Wilson	27-05 (L-3)
106	L Landels	33-03

British League Div 3

Watford Sat 7 June 97

Ham	A	8	M Rees	40.14
	B	4	N Ellerby	37.98
LJ	A	7	B Lock	5.32
	B	7	C Bartley	5.32
HJ	A	1	J Wallace	2.11
	B	5	T Elvin	1.70
400 H	A	8	C Sampson	77.7
	B	8	G Woods	79.7
800	A	2	K Harker	1-54.6
	B	2	I Phillip	1-56.5
100	A	8	C Bartley	11.5
	B	7	D Feil	12.3
PV	A	6	A Wake	4.20
	B	2	D Feil	4.20
3000s/cA	4	C Sampson	9-27.1	
	B	2	G Woods	9-43.6
110 H	A	8	C Sampson	(ntg)
400	A	4	J Bird	50.1
	B	7	K Harker	53.7
1500	A	1	I Hudspith	3-51.9
	B	3	D Barton	3-59.1
200	A	8	J Bird	22.7
	B	8	C Bartley	29.0
Discus	A	1	P Reed	49.70
	B	5	N Ellerby	30.90
TJ	A	5	S Altenhoff	13.07
	B	5	B Lock	12.05
Jav	A	5	C Andersen	50.20
	B	2	C Bartley	48.42
Shot	A	1	P Reed	15.05
	B	7	M Rees	9.79
5000	A	3	M Hudspith	14-36.2
	B	3	G Woods	15-31.3
4 x 100			6th	45.7
4 x 400m			5th	3-29.4

Match Score

1	GEC Avionics	343 pts
2	Telford	319
3=	Harrow	297
3=	Hounslow	297
5	Windsor, S & E	286
6	Morpeth	242
7	Rotherham	239
8	Crawley	185

Positions after 2 matches

	Match Pts	Lge Pts
1	GEC Avionics	658
2	Telford	597
3	Harrow	605
4	Hounslow	548
5	Windsor S & E	547
6	Morpeth	506
7	Rotherham	456
8	Crawley	349

Boundary 10K

Dunbar 5 April 97

2	A Jenkins	34-15 (M40)
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Croxdale 10 17 May 97

M40

1	A Jenkins	57-10
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THE TIME & THE PLACE

Northern League Div. 3NE Jarrow 7 June 97

LJ	B 1	P Taylor	5.51
400H	B 1	P Harland	63.9
100	B 1	W Gedge	12.5
PV	A 1	R Leonard	3.40
	B 1	M Rees	2.80
110H	A 1	D Fay	19.1
	B	P Appleby	21.9
1500	A 1	P Dickie	4-06.4
	B 1	R Kay	4-16.0
Discus	A 1	P Appleby	32.44
	B 1	S Appleby	29.42
Shot	B 1	S Appleby	9.40
5000	A 1	T Wall	15-11.1
	B 1	L Atkinson	15-22.7
4 x 100m	1st		46.7
4 x 400m	2nd		3-36.1

Match Score

1	Morpeth	320 pts
2	Elswick	281
3	Rowntrees	236
4	S. Shields	207
5	Durham	191
6	Sunderland	185

Peterlee '10' 22 June 97

3	J Hunter	52-56
24	P Barker	61-10 (M50-2)
52	G Leathard	65-09
55	B Cordes	65-55 (M60-2)
63	A Oliver	67-05 (M60-3)
73	R Driscoll	68-32 (M40)
75	D Brown	68-50 (M45)
86	C Offord	70-22 (M50)
88	G McDougal	70-25 (M40)
90	I Forster	70-35 (M40)

Blaydon Road Race Mon 9 June 97

Sen Men

1	M Hudspith	27-24
5	A Shepherd	28-03
6	T Wall	28-13
21	A Jenkins	30-22 M45
58	C Dentice	32-32 M45
60	K Bray	32-40
69	R Sewell	33-05 M40
125	G Leathard	34-30
158	A Oliver	35-05 M60
179	G McDougal	35-31 M40
196	M Brown	35-51 M50
223	G Priest	36-31 L35
247	D Brown	36-59 M45
249	D Taylor	37-03
252	N McAnany	37-05
265	L Thain	37-18 M50
283	R Driscoll	37-33 M40
292	C Offord	37-40 M50
330	R Lowe	38-13 M55
343	I Forster	38-21 M40
410	G Calder	39-11 M40
524	G Reeves	40-36 M40
563	M Butters	41-03 M40
564	J Soames	41-03 M50
629	S Dolen	41-33
630	J R Armstrong	41-33
637	K Howe	41-37 L35
638	W Jamieson	41-40 M45
693	L Bray	42-15 L35
1036	J Soames	45-19 L45
1664	N Thew	53-19 M45

Team: 2nd 72 pts

Vets

M45	1	A Jenkins	30-27
M60	2	A Oliver	35-06

Team: 2nd 306 pts

Tyneside League Jarrow 11 June 97

Senior Men

400	1	J Bird	50.0
	7	P Harland	57.0
800	A 4	K Harker	1-57.8(4)
	5	R Kay	1-58.1(5)
	B 3	C O'Connell	2-02.8
	C 3	G Carruthers	2-03.6
3000	1	A Shepherd	8-19.9(1)
	4	T Wall	8-29.4(3)
	6	Mk Brown	9-01.1(5)
	9	P Bradley	9-11.6
Ham	1	P Reed	45.14
	1	N Ellerby	41.28
	3	M Rees	40-98

Under 17 Men

400	A 1	T Lavender	52.8(1)
3000	1	P Downes	9-36.1

Under 15 Boys

400	A 1	K Desai	53.5(1)
	4	P Mooney	62.3(6)
	6	G Pitt	68.0

Sen. Women

400	A 3	C Wilson	60.5(4)
	4	M Forster	60.9(5)
	B 1	R Cummings	60.4(3)
3000	2	C Dickie	10-25.9(1)
	6	S Ellison	11-30.3(5)

Under 15 Girls

800	1	N Desai	2-26.9(1)
	3	L Woodrow	2-34.1(2)
	7	L Rainey	2-40.7(6)
	8	J Sanderson	2-40.9
LJ	1	J Straker	5.19

Under 13 Girls

800	2	S Woodrow	2-35.9
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NE Vets T & F League Div.2 Jarrow 19 May 97

300	M60	1	A Oliver	51.0
1500	M45	1	A Jenkins	4-27.1
	M60	1	A Oliver	5-15.3
Ham	M50	2	J Charlton	21.84
Jav	M50	1	J Charlton	34.90(rec)
Open 3000		2	T Wall	8-33.6
		3	M Brown	8-52.1
		6	I Archbold	8-56.9

League Position 1st 34 pts

Jarrow 4 June 97

200	M60	1	A Oliver	32.2
800	M60	2	A Oliver	2-34.2
3000	M45	1	A Jenkins	9-04.8(rec)
	M60	2	A Oliver	11-09.3

League Position 1st 66 pts

Open T & F Meeting Carlisle 31 May 97

Senior Men

3000	1	A Jenkins	9-30.6
TJ	1	S Altenhoff	13.50

U 17 Men

100	1	P Newton	11.5
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U 15 Boys

1	S Conolly	24.3
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U 17 Women

Shot	1	S Jenkins	8.29
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U 15 Girls

100	1	RV Archer	13.5
200	1	R Archer	27.4
LJ	1	J Straker	4.99

U 13 Girls

100	1	G Ellison	14.1
200	1=	G Ellison	28.7

DIARY OF A STAND-IN TEAM MANAGER

Friday Afternoon: good start, no phone calls so everything must be OK. Too soon - phone rings...problems...no sprinter. Too late to find a replacement so weak squad for sprinters - not terminal. Bus arrives on time, all pick-ups through to Rushyford Arms, no problem, slightly behind time. Two pick-ups later 25 mins behind and one or two wet passengers. Locate the Javelin thrower walking away from the appointed place but at least towards the bus. Guess what? No sprinter/long jumper. frantic phone calls - no joy. Arrive at Ferrybridge approx. 45 mins later than expected. More phone calls but still no joy.

Good run down A1-M1, arrive at hotel 11pm. Have pencilled in some team changes - very weak in some events, none in others. Clem Bartley our javelin thrower cheerfully states "Be positive" - things might not be too bad. After the 'Social Group' had put the world to rights and surviving an attempt to overcharge Jim, we survived a ridiculously hot hotel and the 'Nessies' sleeping in.

Saturday Morning: excellent trip down, no hassle. Had finalised who was doing what and everyone reasonable happy. Picked up the passes for use in Leisure Centre, issued them, and deposited team sheet - no problem. First field events at 12.00, our athletes all there, no sweat. A javelin thrower doing long jump but so what - he's sprinting also. After 5 events, last by a distance. Never mind we will improve later! Still no high hurdlers but things were looking up. Chris and Gary do the 400 H safely; Clem and Dirk the pole vaulter manage the 100m, both pulling up with slight twinges. Oh Hell, what happens now? Chris Sampson says he'll do the 110 Hurdles - you must be joking - straight after the chase... no way...Oh well, if you're sure... but for hell's sake don't get injured. Chris and Gary good safety points in the chase. Chris, shattered, manages the 110H safely. More good points, we are now ahead of Crawley. Usual win from 'Reedy'. a good 1500 from Ian Hudspith, a brilliant 2.11 from John Wallace - yes, things are not too bad after all. Can we catch Rotherham?

FIXTURES

ROAD ETC

JUNE

Wed 25 Penshaw Hill Race
Sun 29 Alnwick 5 ml (now a self-entry event)

JULY

Wed 2 Tynedale 10K Ovingham
Wed 9 Sunderland 5K Road Race Silksworth
Sat 12 Low Fell Old Barn Run Low Fell
Mon 14 Heaton Women Only Races Jesmond Dene
Wed 16 Hetton Lions Country Pk 5K Hetton
Sun 20 Northumberland Coastal Run Beadnell
Mon 21 Jesmond Dene Handicap Races
Tues 22 NECAA Fell Races (No 6) Roseberry Topping
Wed 30 Heaton Parklands Races Wallsend

AUGUST

Tues 5 Morpeth 10K Tranwell
Sun 10 Blackhill Bounders 10K Consett
Mon 11 Jesmond Dene Handicap Races
Tues 12 NECAA Fell Races (No 7) Gribdale
Wed 13 Venmore Mile/NE Dist Chps Jarrow
Wed 20 Cram '5' Cramlington
Sun 24 Darlington 10K Road Race Darlington
Wed 27 J & H Riverside 10K Hebburn
Sun 31 Amble Dolphin Run Amble
Peterlee Carnival Half Mara Peterlee
St.Peter's 10K Sunderland

OTHER EVENTS

Sa 12 July NE Vets T & F Chmps (Open 3K m/f) Jarrow
W 23 July NE Vets T & F League (Open 1500m) Jarrow
Su 17 Aug J & H Open Meeting Jarrow
W 20 Aug NE Vets 4 Throws Meeting Jarrow
Sa 30 Aug Open Meeting Gateshead

Tyneside Athletics League

Meet 4 June 25 Gateshead
5 July 16 Jarrow
6 Aug 6 Gateshead

MEN

British Athletics League Div. 3

July 5 Kingston-upon-Thames
Aug 16 Jarrow (home promotion)

Northern League Div. 3 NE

July 5 Chester-le-Street
Aug 16 Sunderland

BAL Cup

June 29 Hull Round 1
July 27 Sheffield Semi-Final
Aug 30 Bedford Final

Northern KO Cup

July 19 Round 1 Gateshead
Aug 9 Semi-Final Bamsley / Wakefield
Sept 7 Derby Final

WOMEN

Northern League Div. 3 East

July 6 Middlesbrough
Aug 10 Jarrow (home promotion)

North East Women's League

July 13 Jarrow

YOUNG ATHLETES

McDonalds League N Premier Div.

June 29 Gateshead
July 20 Rotherham

CHAMPIONSHIPS

Northern Senior June 28 Bamsley
AAA Senior July 11/12/13 B'ham
Northern U/17 & U15 July 26/27 Liverpool
AAA U/20 July 5/6 Bedford
Northern Inter-Counties Aug 2 Bamsley (m only)
Northern Inter-Counties Aug 3 Bamsley (f only)
NECAA Relay Champs July 24 Jarrow
NECAA Dist. Champs Aug 13 Jarrow
English Schools July 11/12 Sheffield

DIARY OF A STAND-IN TEAM MANAGER - contd.

Check with Clem that he's OK for the 200 B. He's not sure but will give it a go.. "Good lad, see what you can do". 15 mins later looks up to see Chris coming round the bend - hide and wait for the call over the tannoy - oh well he was last anyway. Checked to find out why - long story but no athlete in the lane, and Justin tells him to do it - he does. Explain to all "You can't do that", but we did and nobody spotted it!!

Gary, preparing for 5000 - no vest. Starter's marksman calls up - "I'm here but my vest isn't....." No panic.....Here comes Chris with the borrowed vest and all is well? No panic... Mark and Gary pick up good points, Reedy wins shot, so the gap is narrowed. Dirk pulled out of the relay earlier and was replaced by Sebastian, the triple jumper (a German for a German seemed logical). Marksman checking runners for 4 x 100m. No first runner for Morpeth, the javelin thrower and the high jumper were there with Justin, but no triple

jumper. Found asleep in the sun - hurried to get there after a shake, shout and a prod. We get there safely - not last. 4 x 400m - we keep Rotherham behind us and end up beating them by 3 points. After beating WSE (Windsor, Slough & Eton) last match by 3 points, all I can say is too close for comfort but thank heaven for 110 Hurdlers.

At the meeting we had a pleasant re-union with old friend and colleague John Hendon - he left the IOW early (no time to shave) to officiate and to meet up with us at Watford. His first comment was about my weight - some friend! But he looks really well and is enjoying his retirement, and intends to come to the next meeting at Kingston too.

PS We found out that the Leisure Centre passes were probably to get out rather than in! "We close a 6pm - anything left will be locked in".....

WW